



RESILIENCE

THE BIOLOGY OF STRESS & THE SCIENCE OF HOPE

Resilience: The Biology of Stress and the Science of Hope

FREE Virtual Film Screening and Community Conversation

Wednesday, July 1, 2020

12 Noon to 2 PM

“The Child May Not Remember, But the Body Remembers”

Resilience is a documentary by James Redford that explores Adverse Childhood Experiences, toxic stress and trauma, and the impact on our long term physical and emotional health.

People who understand the impact of trauma can begin to make the shift toward building resilient families and communities.

Resilience chronicles the national movement to prevent childhood trauma and greatly improve the health of future generations.

Join co-hosts from Community Action, Victim Services, Universal Primary Care and Community Services by registering here:

<https://www.eventbrite.com/e/free-screening-of-the-resilience-film-tickets-109878850600>

The Cattaraugus Trauma Informed Coalition is committed to Equipping Our Communities with Hope